

First Time Set Up

Hydration Categories



Scan QR code for set up instructions



[mx3diagnostics.com/setup](https://www.mx3diagnostics.com/setup)

Hydrated

≤ 65 mOsm

Mildly Dehydrated

66 - 100 mOsm

Moderately Dehydrated

101 - 150 mOsm

Severely Dehydrated

≥ 151 mOsm

MX3 Hydration Categories are guidelines only and may vary depending on the individual. Hydration Categories are not intended to be used as medical advice. For further information on interpretation please see the MX3 HTS White Paper.

For manuals, instructional videos, warranty and regulatory information visit www.mx3diagnostics.com/resources